


# November 2018 Independent Living Activities Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
	<b>LOCATION</b> Chapel (CH) Fitness Room (F) Country Kitchen (CK) Assisted Living Dining Room (DR-A) Theatre (TH) Independent Dining Room (DR-I) Wellness Office (WO) Pub (P) Game Room (G) Lobby (L) Beauty Shop (BS) Activity Room (AR) Country Kitchen/Lobby (CK/L)				9:00am <b>Happy Birthday Louise Dove</b> 1 9:30am <b>Daily Devotion (CH)</b> 10:30am <b>Fitness Instruction (F)</b> 11:00am <b>Chair Dancing (F)</b> 1:00pm <b>Phase 10 (CK)</b> 1:15pm <b>Music with Bryan Foggs (DR-A)</b> 2:00pm <b>Mass (CH)</b> 2:15pm <b>Team Trivia (TH)</b> 3:00pm <b>Music and Memories (DR-A)</b> 6:45pm <b>Money Bingo (DR-I)</b>	9:00am <b>Rosary (CK)</b> 2 9:00am <b>Blood Pressure Clinic (WO)</b> 9:30am <b>Daily Devotion (CH)</b> 11:15am <b>Lunch at the Tattooed Dog (Asst./Ind.)</b> 12:00pm <b>Cooking Group (CK)</b> 1:30pm <b>Horse Racing (CK)</b> 1:30pm <b>Rosary (CH)</b> 2:30pm <b>Line Dancing (CK)</b> 3:30pm <b>Happy Hour (P)</b> 6:00pm <b>Movie (TH)</b> 6:00pm <b>Pinochle (G)</b>	Daylight Savings Time Ends Tomorrow. Set your clocks back one hour before bed tonight! 9:30am <b>Daily Devotion (CH)</b> 10:00am <b>Open Wii (TH)</b> 10:15am <b>Praise and Worship Music Service (DR-A)</b> 10:30am <b>Alcohol Ink Christmas Ornaments (CK)</b> 1:00pm <b>Euchre (G)</b> 1:00pm <b>Fall Wreaths (CK)</b> 6:00pm <b>Pinochle (G)</b>
	9:00am <b>Trips to Church</b> 4 9:30am <b>Daily Devotion (CH)</b> 11:00am <b>Sermon on DVD (TH)</b> 1:00pm <b>Communion (CH)</b> 1:00pm <b>Piano with Brad (L)</b> 2:00pm <b>Church Service (DR-A)</b> 6:00pm <b>Movie (TH)</b> 6:00pm <b>Pinochle (G)</b>	9:30am <b>Daily Devotion (CH)</b> 5 9:30am <b>Manicures/Pedicures (BS)</b> 10:15am <b>Walmart (Asst./Ind.)</b> 10:30am <b>Fitness Instruction (F)</b> 11:00am <b>Chair Dancing (F)</b> 1:00pm <b>Bridge (CK)</b> 1:30pm <b>Rosary (CH)</b> 2:00pm <b>Chocolate Bingo (DR-I)</b> 3:15pm <b>Brain Teasers (TH)</b> 6:00pm <b>Pinochle (G)</b> 6:30pm <b>Pokeno (DR-I)</b>	Pest Control-1st Floor Wear your St. Louis Blues Gear! 9:00am <b>Shuttle to the Polls</b> 6 9:00am <b>Blood Pressure Clinic (WO)</b> 9:30am <b>Communion (CH)</b> 9:30am <b>Daily Devotion (AR)</b> 10:00am <b>Walmart/ Walgreens/ Aldi's/ Kohls</b> 10:30am <b>Fitness Instruction (F)</b> 11:00am <b>Coffee Klatch (TH)</b> 12:30pm <b>Wii Bowling (TH)</b> 2:00pm <b>Java Music Club (TH)</b> 6:00pm <b>Conversations of Faith (TH)</b> 6:00pm <b>Pinochle (G)</b>	9:30am <b>Daily Devotion (CH)</b> 7 10:30am <b>Fitness Instruction (F)</b> 11:00am <b>Bible Study (TH)</b> 11:00am <b>Lunch at Wentzville Family Diner</b> 1:30pm <b>Honor Flight Ceremony For Veterans (TH)</b> 1:30pm <b>Left, Right, Center (CK)</b> 2:30pm <b>Line Dancing (CK)</b> 3:30pm <b>Happy Hour (P)</b> 6:00pm <b>Pinochle (G)</b> 6:30pm <b>Kings in the Corner (CK)</b>	9:30am <b>Daily Devotion (CH)</b> 8 10:00am <b>Armchair Travel (TH)</b> 10:30am <b>Fitness Instruction (F)</b> 11:00am <b>Chair Dancing (F)</b> 11:00am <b>Sleep Study Presentation (CK)</b> 1:00pm <b>Phase 10 (CK)</b> 2:00pm <b>Libraries Rock! Outreach (DR-A)</b> 2:00pm <b>Linda Ford (L)</b> 3:00pm <b>Music and Memories (DR-A)</b> 6:45pm <b>Bingo (DR-I)</b>	Wear Red, White & Blue Today! 9:00am <b>Rosary (CK)</b> 9 9:00am <b>Blood Pressure Clinic (WO)</b> 9:30am <b>Daily Devotion (CH)</b> 9:30am <b>Manicures/Pedicures (BS)</b> 10:00am <b>Rev. Wynn Ward History of Veterans Day (DR-A)</b> 10:30am <b>Piano with Brad (L)</b> 1:00pm <b>Veteran's Day Ceremony (DR-A)</b> 1:30pm <b>Rosary (CH)</b> 2:30pm <b>Line Dancing (CK)</b> 3:30pm <b>Happy Hour (P)</b> 6:00pm <b>Movie (TH)</b> 6:00pm <b>Pinochle (G)</b>	8:30am <b>Podiatrist</b> 10 9:30am <b>Daily Devotion (CH)</b> 10:00am <b>Open Wii (TH)</b> 10:15am <b>Praise and Worship Music Service (DR-A)</b> 1:00pm <b>Euchre (G)</b> 6:00pm <b>GRAND Movie Night "Cheaper By The Dozen" (TH)</b> 6:00pm <b>Pinochle (G)</b>
	9:00am <b>Trips to Church</b> 11 9:30am <b>Daily Devotion (CH)</b> 11:00am <b>Sermon on DVD (TH)</b> 1:00pm <b>Communion (CH)</b> 1:00pm <b>Piano with Brad (L)</b> 2:00pm <b>Church Service (DR-A)</b> 6:00pm <b>Movie (TH)</b> 6:00pm <b>Pinochle (G)</b>	Happy Birthday Lucy Sharp Veteran's Day Assembly at Heritage Intermediate (Asst./Ind.) 9:30am <b>Daily Devotion (CH)</b> 12 10:00am <b>Caregivers Support Group (CK)</b> 10:30am <b>Fitness Instruction (F)</b> 11:00am <b>Chair Dancing (F)</b> 1:00pm <b>Bridge (CK)</b> 1:30pm <b>Rosary (CH)</b> 1:45pm <b>Shopping at Kohl's (Asst./Ind.)</b> 2:00pm <b>Chocolate Bingo (DR-I)</b> 3:15pm <b>Brain Teasers (TH)</b> 6:00pm <b>Pinochle (G)</b> 6:30pm <b>Pokeno (DR-I)</b>	9:00am <b>Blood Pressure Clinic (WO)</b> 13 9:30am <b>Communion (CH)</b> 9:30am <b>Daily Devotion (AR)</b> 10:00am <b>Schnucks/Dierbergs</b> 10:30am <b>Fitness Instruction (F)</b> 11:00am <b>Coffee Klatch (TH)</b> 12:30pm <b>Wii Bowling (TH)</b> 2:00pm <b>Java Music Club (TH)</b> 6:00pm <b>Conversations of Faith (TH)</b> 6:00pm <b>Pinochle (G)</b>	Wear Camouflage Colors! 9:30am <b>Daily Devotion (CH)</b> 14 10:30am <b>Fitness Instruction (F)</b> 11:00am <b>Bible Study (TH)</b> 1:30pm <b>Left, Right, Center (CK)</b> 2:00pm <b>Resident Meeting (DR-I)</b> 3:00pm <b>Happy Hour (P)</b> 3:00pm <b>Line Dancing (CK)</b> 6:00pm <b>Pinochle (G)</b> 6:30pm <b>Kings in the Corner (CK)</b>	9:30am <b>Daily Devotion (CH)</b> 15 10:30am <b>Bible Study with Pastor Mark Dumas (AR)</b> 10:30am <b>Fitness Instruction (F)</b> 11:00am <b>Chair Dancing (F)</b> 1:00pm <b>Phase 10 (CK)</b> 2:00pm <b>Mass (TH)</b> 3:00pm <b>Music and Memories (DR-A)</b> 6:45pm <b>Money Bingo (DR-I)</b>	9:00am <b>Rosary (CK)</b> 16 9:00am <b>Blood Pressure Clinic (WO)</b> 9:30am <b>Daily Devotion (CH)</b> 10:00am <b>Immanuel Lutheran Church Holiday Bazaar &amp; Lunch (IL)</b> 10:30am <b>Piano with Brad (L)</b> 12:00pm <b>Cooking Group (CK)</b> 1:30pm <b>Horse Racing (CK)</b> 1:30pm <b>Rosary (CH)</b> 2:30pm <b>Larry Scantlan (L)</b> 2:30pm <b>Line Dancing (CK)</b> 3:30pm <b>Happy Hour (P)</b> 6:00pm <b>Movie (TH)</b> 6:00pm <b>Pinochle (G)</b>	9:30am <b>Daily Devotion (CH)</b> 17 10:00am <b>Open Wii (TH)</b> 10:15am <b>Praise and Worship Music Service (DR-A)</b> 1:00pm <b>Crafts with Tracey (CK)</b> 1:00pm <b>Euchre (G)</b> 3:00pm <b>Music with John Scott (DR-A)</b> 6:00pm <b>Pinochle (G)</b> 6:00pm <b>Wheel of Fortune (CK)</b>
	9:00am <b>Trips to Church</b> 18 9:30am <b>Daily Devotion (CH)</b> 11:00am <b>Sermon on DVD (TH)</b> 1:00pm <b>Communion (CH)</b> 1:00pm <b>Piano with Brad (L)</b> 2:00pm <b>Church Service (DR-A)</b> 6:00pm <b>Movie (TH)</b> 6:00pm <b>Pinochle (G)</b>	9:30am <b>Daily Devotion (CH)</b> 19 9:30am <b>Manicures/Pedicures (BS)</b> 10:15am <b>Dollar Tree (Asst./Ind.)</b> 10:30am <b>Fitness Instruction (F)</b> 11:00am <b>Chair Dancing (F)</b> 1:00pm <b>Bridge (CK)</b> 1:30pm <b>Rosary (CH)</b> 2:00pm <b>Chocolate Bingo (DR-I)</b> 3:00pm <b>Lamar Pilsing (L)</b> 6:00pm <b>Pinochle (G)</b> 6:30pm <b>Pokeno (DR-I)</b>	9:00am <b>Blood Pressure Clinic (WO)</b> 20 9:30am <b>Communion (CH)</b> 9:30am <b>Daily Devotion (AR)</b> 10:00am <b>Target/JCP/Schnucks/ Walmart/Goodwill</b> 10:30am <b>Fitness Instruction (F)</b> 11:00am <b>Coffee Klatch (TH)</b> 12:30pm <b>Wii Bowling (TH)</b> 2:00pm <b>Java Music Club (TH)</b> 6:00pm <b>Conversations of Faith (TH)</b> 6:00pm <b>Pinochle (G)</b>	9:30am <b>Daily Devotion (CH)</b> 21 10:30am <b>Fitness Instruction (F)</b> 11:00am <b>Bible Study (TH)</b> 12:00pm <b>Resident Thanksgiving Luncheon (DR-I)</b> 1:00pm <b>Music with Anita Rosamond (DR-A)</b> 2:30pm <b>Line Dancing (CK)</b> 3:30pm <b>Happy Hour w/ Nurses &amp; Co. (P)</b> 6:00pm <b>Pinochle (G)</b> 6:30pm <b>Kings in the Corner (CK)</b>	Happy Thanksgiving! 8:00am <b>Macy's Thanksgiving Day Parade (TH)</b> 22 9:30am <b>Daily Devotion (CH)</b> 1:00pm <b>Movie Matinee (TH)</b> 6:45pm <b>Bingo (DR-I)</b>	Happy Birthday Marjorie Renner Wear your St. Louis Blues Gear! 9:00am <b>Rosary (CK)</b> 23 9:00am <b>Blood Pressure Clinic (WO)</b> 9:30am <b>Daily Devotion (CH)</b> 10:30am <b>Piano with Brad (DR-A)</b> 1:30pm <b>Horse Racing (TH)</b> 1:30pm <b>Rosary (CH)</b> 2:30pm <b>Line Dancing (L)</b> 3:30pm <b>Happy Hour (P)</b> 6:00pm <b>Movie (TH)</b> 6:00pm <b>Pinochle (G)</b>	Happy Birthday Anita Peetz & Vi Engel 9:30am <b>Daily Devotion (CH)</b> 24 10:00am <b>Open Wii (TH)</b> 10:15am <b>Praise and Worship Music Service (DR-A)</b> 1:00pm <b>Euchre (G)</b> 2:00pm <b>Left, Right, Center (CK)</b> 6:00pm <b>Fall Social (CK/L)</b> 6:00pm <b>Pinochle (G)</b>
	Happy Birthday Grace Matthews 9:00am <b>Trips to Church</b> 25 9:30am <b>Daily Devotion (CH)</b> 11:00am <b>Sermon on DVD (TH)</b> 1:00pm <b>Communion (CH)</b> 1:00pm <b>Piano with Brad (L)</b> 2:00pm <b>Church Service (DR-A)</b> 3:30pm <b>Masters Praise Vocal Group (DR-A)</b> 6:00pm <b>Movie (TH)</b> 6:00pm <b>Pinochle (G)</b>	9:30am <b>Daily Devotion (CH)</b> 26 10:30am <b>Fitness Instruction (F)</b> 11:00am <b>Chair Dancing (F)</b> 1:00pm <b>Bridge (CK)</b> 1:30pm <b>Rosary (CH)</b> 1:45pm <b>Walmart (Asst./Ind.)</b> 2:00pm <b>Chocolate Bingo (DR-I)</b> 3:15pm <b>Brain Teasers (TH)</b> 6:00pm <b>Pinochle (G)</b> 6:30pm <b>Pokeno (DR-I)</b>	Wear your Favorite Sweatshirt! 9:00am <b>Blood Pressure Clinic (WO)</b> 27 9:30am <b>Communion (CH)</b> 9:30am <b>Daily Devotion (AR)</b> 10:00am <b>Walmart/Dollar Tree/Aldi</b> 10:30am <b>Fitness Instruction (F)</b> 11:00am <b>Coffee Klatch (TH)</b> 12:30pm <b>Wii Bowling (TH)</b> 2:00pm <b>Java Music Club (TH)</b> 6:00pm <b>Conversations of Faith (TH)</b> 6:00pm <b>Pinochle (G)</b>	8:30am <b>Outing to MO History Museum</b> 28 9:30am <b>Daily Devotion (CH)</b> 10:30am <b>Fitness Instruction (F)</b> 11:00am <b>Bible Study (TH)</b> 1:00pm <b>Movie Matinee (TH)</b> 1:30pm <b>Left, Right, Center (CK)</b> 2:30pm <b>Line Dancing (CK)</b> 3:30pm <b>Happy Hour (P)</b> 6:00pm <b>Pinochle (G)</b> 6:30pm <b>Kings in the Corner (CK)</b> 6:30pm <b>Making Blessing Bags for Homeless (DR-A)</b>	9:30am <b>Daily Devotion (CH)</b> 29 10:30am <b>Bible Study with Pastor Mark Dumas (AR)</b> 10:30am <b>Fitness Instruction (F)</b> 11:00am <b>Chair Dancing (F)</b> 1:00pm <b>Phase 10 (CK)</b> 3:00pm <b>Music and Memories (DR-A)</b> 6:45pm <b>Money Bingo (DR-I)</b>	Happy Birthday Don Mrkacek 9:00am <b>Rosary (CK)</b> 30 9:00am <b>Blood Pressure Clinic (WO)</b> 9:30am <b>Daily Devotion (CH)</b> 10:30am <b>Piano with Brad (L)</b> 11:15am <b>Lunch at MOD Pizza (Asst./Ind.)</b> 12:00pm <b>Cooking Group (CK)</b> 1:30pm <b>Horse Racing (CK)</b> 1:30pm <b>Rosary (CH)</b> 2:30pm <b>Line Dancing (CK)</b> 3:30pm <b>Happy Hour (P)</b> 6:00pm <b>Movie (TH)</b> 6:00pm <b>Pinochle (G)</b> 6:30pm <b>Sing A Long with Julia (DR-A)</b>	

