


# May 2019 Independent Living Activities Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>LOCATION</b> Chapel (CH) Fitness Room (F) Country Kitchen (CK) Pub (P) Game Room (G) Activity Room (AR) Assisted Living Dining Room (DR-A) Independent Dining Room (DR-I) Wellness Office (WO) Lobby (L) Theatre (TH) Game Room/Pub (G/P) Beauty Shop (BS)		Wear your St. Louis Blues Gear! <b>1</b> 9:30am Daily Devotion (CH) 10:30am Fitness Instruction (F) 2:30pm Line Dancing (CK) 3:30pm Happy Hour (P) 6:00pm Pinochle (G) 6:30pm Kings in the Corner (CK)	Happy Birthday Herman Mennemeyer <b>2</b> 9:30am Daily Devotion (CH) 10:30am Bible Study with Reverend Mark Dumas (AR) 10:30am Fitness Instruction (F) 11:00am Chair Dancing (F) 1:15pm Music With Bryan Foggs (DR-A) 2:00pm Mass (CH) 6:45pm Money Bingo (DR-I)	Progress Eye Care Mobile Clinic <b>3</b> Wear your St. Louis Blues Gear! 9:00am Rosary (CK) 9:00am Blood Pressure Clinic (WO) 9:30am Daily Devotion (CH) 10:30am Piano with Brad (L) 12:00pm Fun with Food (CK) 1:30pm Horse Racing (CK) 2:00pm Rosary (CH) 2:30pm Line Dancing (CK) 3:30pm Happy Hour (P) 6:00pm Movie (TH)	9:30am Daily Devotion (CH) <b>4</b> 10:00am Open Wii (TH) 10:15am Praise and Worship (DR-A) 1:00pm Euchre (G) 1:00pm Kentucky Derby Craft with Tracey (CK) 5:50pm Kentucky Derby (TH) 6:00pm Pinochle (G/P)
	Happy Birthday Judy Callahan and Leon Blattel <b>5</b> Trips to Church 9:30am Daily Devotion (CH) 11:00am Sermon on DVD (TH) 1:00pm Communion (CH) 1:00pm Piano with Rehka (L) 2:00pm Church Service (DR-A) 6:00pm Movie (TH) 6:00pm Pinochle (G)	9:30am Daily Devotion (CH) <b>6</b> 9:30am Manicures/Pedicures (BS) 10:15am Walmart (Asst./Ind.) 10:30am Fitness Instruction (F) 11:00am Chair Dancing (F) 1:00pm Bridge (CK) 1:30pm Rosary (CH) 2:00pm Chocolate Bingo (DR-I) 6:00pm Pinochle (G) 6:30pm Pokeno (CK)	Pest Control-1st Floor <b>7</b> 9:00am Blood Pressure Clinic (WO) 9:30am Communion (CH) 9:30am Daily Devotion (AR) 10:00am Walmart/Walgreens/Aldi's/ Kohls 10:30am Fitness Instruction (F) 11:00am Coffee Klatch (TH) 12:30pm Wii Bowling (TH) 2:00pm Java Music Club (TH) 6:00pm Conversations of Faith (TH) 6:00pm Pinochle (G/P)	9:30am Daily Devotion (CH) <b>8</b> 10:30am Fitness Instruction (F) 11:00am Music with John Scott (L) 2:30pm Line Dancing (CK) 3:30pm Happy Hour (P) 6:00pm Pinochle (G) 6:30pm Kings in the Corner (CK)	Happy Birthday Lou Blattel <b>9</b> 9:30am Daily Devotion (CH) 10:00am Armchair Travel-St. Louis (TH) 10:30am Fitness Instruction (F) 11:00am Chair Dancing (F) 11:15am Lunch at West Allen Grill in Wentzville 1:00pm Phase 10 (CK) 2:15pm Team Trivia (TH) 4:15pm Anniversary Celebration (DR-I) 6:45pm Bingo (DR-I)	TBD: Mother's Day Festivities <b>10</b> 9:00am Rosary (CK) 9:00am Blood Pressure Clinic (WO) 9:30am Daily Devotion (CH) 9:30am Manicures/Pedicures (BS) 1:00pm Music with Mike Farmer (DR-A) 2:00pm Rosary (CH) 2:30pm Line Dancing (CK) 3:30pm Happy Hour (P) 6:00pm Movie (TH)
Happy Birthday Lucille Sommer <b>12</b> Happy Mother's Day! Trips to Church 9:30am Daily Devotion (CH) 11:00am Sermon on DVD (TH) 1:00pm Communion (CH) 2:00pm Church Service (DR-A) 6:00pm Movie (TH) 6:00pm Pinochle (G)	Happy Birthday Marion Wissman and Ginny Compton <b>13</b> 9:30am Daily Devotion (CH) 10:00am Caregivers Support Group (CK) 10:30am Fitness Instruction (F) 11:00am Chair Dancing (F) 11:00am Piano with Don Hinds (L) 1:00pm Bridge (CK) 1:30pm Rosary (CH) 1:45pm Dollar Tree (Asst./Ind.) 2:00pm Chocolate Bingo (DR-I) 3:15pm Brain Teasers (TH) 6:00pm Pinochle (G) 6:30pm Pokeno (CK)	9:00am Blood Pressure Clinic (WO) <b>14</b> 9:30am Communion (CH) 9:30am Daily Devotion (AR) 10:00am Schnucks/Dierbergs 10:30am Fitness Instruction (F) 11:00am Coffee Klatch (TH) 12:30pm Wii Bowling (TH) 2:00pm Java Music Club (TH) 6:00pm Conversations of Faith (TH) 6:00pm Pinochle (G/P)	Happy Birthday Ed Wombacher <b>15</b> 9:30am Daily Devotion (CH) 9:30am Mid Rivers Mall 10:30am Fitness Instruction (F) 2:00pm Resident Meeting (DR-I) 3:00pm Happy Hour w/ Nurses & Co. (P) 3:00pm Line Dancing (CK) 6:00pm Pinochle (G) 6:30pm Kings in the Corner (CK)	9:30am Daily Devotion (CH) <b>16</b> 10:30am Bible Study with Reverend Mark Dumas (AR) 10:30am Fitness Instruction (F) 11:00am Chair Dancing (F) 1:00pm Phase 10 (CK) 2:00pm Mass (TH) 6:45pm Money Bingo (DR-I)	9:00am Rosary (CK) <b>17</b> 9:00am Blood Pressure Clinic (WO) 9:30am Daily Devotion (CH) 10:30am Piano with Brad (L) 11:15am Lunch at Rizzo's (Asst./Ind.) 12:00pm Fun with Food (CK) 1:30pm Horse Racing (CK) 2:00pm Rosary (CH) 2:30pm Line Dancing (CK) 3:30pm Happy Hour (P) 6:00pm Movie (TH) 6:30pm Drinks and Dancing With Sterling Lloyd! (DR-A)	9:30am Daily Devotion (CH) <b>18</b> 10:00am Open Wii (TH) 10:15am Praise and Worship (DR-A) 1:00pm Euchre (G) 1:00pm Lighted Flower Craft with Tracey (CK) 6:00pm Pinochle (G/P)
Happy Birthday Don McGowan <b>19</b> Trips to Church 9:30am Daily Devotion (CH) 11:00am Sermon on DVD (TH) 1:00pm Communion (CH) 1:00pm Piano with Brad (L) 2:00pm Church Service (DR-A) 6:00pm Movie (TH) 6:00pm Pinochle (G)	9:30am Daily Devotion (CH) <b>20</b> 9:30am Manicures/Pedicures (BS) 10:30am Fitness Instruction (F) 11:00am Chair Dancing (F) 1:00pm Bridge (CK) 1:30pm Rosary (CH) 1:45pm Walmart (Asst./Ind.) 2:00pm Chocolate Bingo (DR-I) 3:15pm Brain Teasers (TH) 6:00pm Pinochle (G) 6:30pm Pokeno (CK)	Wear your Cardinals Gear! <b>21</b> 9:00am Blood Pressure Clinic (WO) 9:30am Communion (CH) 9:30am Daily Devotion (AR) 10:00am Target/Schnucks/Walmart/JCP/ Goodwill 10:30am Fitness Instruction (F) 11:00am Coffee Klatch (TH) 12:30pm Wii Bowling (TH) 2:00pm Java Music Club (TH) 6:00pm Conversations of Faith (TH) 6:00pm Pinochle (G/P)	Shopping and Lunch at the Blue Owl in Kimmswick <b>22</b> 9:30am Daily Devotion (CH) 10:30am Fitness Instruction (F) 1:30pm Music With Don Hinds (DR-A) 2:30pm Line Dancing (CK) 3:30pm Happy Hour (P) 6:00pm Pinochle (G) 6:30pm Kings in the Corner (CK)	9:30am Daily Devotion (CH) <b>23</b> 10:30am Bible Study with Reverend Mark Dumas (AR) 10:30am Fitness Instruction (F) 11:00am Chair Dancing (F) 1:00pm Inspirational Video (TH) 1:00pm Phase 10 (CK) 6:45pm Bingo (DR-I)	Happy Birthday Janet Gaines <b>24</b> Podiatrist-Dr. Porter Wear Red, White & Blue Today 9:00am Rosary (CK) 9:00am Blood Pressure Clinic (WO) 9:30am Daily Devotion (CH) 9:30am Manicures/Pedicures (BS) 10:30am Piano with Brad (DR-A) 1:30pm Horse Racing (CK) 1:30pm Memorial Day Ceremony (DR-A) 2:00pm Rosary (CH) 2:30pm Line Dancing (CK) 3:30pm Happy Hour (P) 6:00pm Movie (TH)	Happy Birthday Les Heideman <b>25</b> 9:30am Daily Devotion (CH) 10:00am Open Wii (TH) 10:15am Praise and Worship (DR-A) 1:00pm Euchre (G) 6:00pm Ice Cream Social (CK) 6:00pm Pinochle (G/P)
Trips to Church <b>26</b> 9:30am Daily Devotion (CH) 11:00am Sermon on DVD (TH) 1:00pm Communion (CH) 2:00pm Church Service (DR-A) 6:00pm Movie (TH) 6:00pm Pinochle (G)	Memorial Day-Wear Red, White, & Blue Today <b>27</b> 9:30am Daily Devotion (CH) 10:15am Target (Asst./Ind.) 10:30am Fitness Instruction (F) 11:00am Chair Dancing (F) 1:00pm Bridge (CK) 1:30pm Rev. Wynn Ward: Why We Celebrate Memorial Day (DR-A) 1:30pm Rosary (CH) 2:00pm Chocolate Bingo (DR-I) 3:15pm Brain Teasers (TH) 6:00pm Pinochle (G) 6:30pm Pokeno (CK)	9:00am Blood Pressure Clinic (WO) <b>28</b> 9:30am Communion (CH) 9:30am Daily Devotion (AR) 10:00am Walmart/Dollar Tree/Aldi 10:30am Fitness Instruction (F) 11:00am Coffee Klatch (TH) 12:30pm Wii Bowling (TH) 2:00pm Java Music Club (TH) 6:00pm Conversations of Faith (TH) 6:00pm Pinochle (G/P)	Happy Birthday Ethel Ashley <b>29</b> 9:15am Holocaust Museum in St. Louis & Lunch 9:30am Daily Devotion (CH) 10:30am Fitness Instruction (F) 3:30pm Happy Hour (P) 6:00pm Pinochle (G) 6:30pm Kings in the Corner (CK)	9:30am Daily Devotion (CH) <b>30</b> 10:30am Bible Study with Reverend Mark Dumas (AR) 10:30am Fitness Instruction (F) 11:00am Chair Dancing (F) 1:00pm Phase 10 (CK) 2:00pm Music with Mike Chrismer (L) 6:45pm Money Bingo (DR-I)	Happy 62nd Anniversary Milton and Joan May <b>31</b> 9:00am Rosary (CK) 9:00am Blood Pressure Clinic (WO) 9:30am Daily Devotion (CH) 10:30am Piano with Brad (L) 11:15am Lunch at Chinese Buffet (Asst./Ind.) 12:00pm Fun with Food (CK) 1:30pm Horse Racing (CK) 2:00pm Rosary (CH) 2:30pm Line Dancing (CK) 3:30pm Happy Hour (P) 6:00pm Movie (TH)	

