



Twin Oaks at Heritage Pointe

250 Savannah Terrace ~ Wentzville, Mo 63385

636-542-5500 ~ Fax: 636-542-5519

Autumn greetings!

We are Fall-ing in love with the weather right now!
Can you believe it is almost October?!?

We celebrated the beautiful first day of Fall with a resident Fall Festival complete with a wonderful luncheon, frozen custard, music and rides in classic cars!

We haven't had any big festivals this year, and that is typically where we earn money for our Resident Activity Fund! If families or friends would like to donate to the fund, there are two ways! Residents will be decorating beautiful pumpkins and everyone is welcome to stop by between October 11th-25th to pick out their favorite pumpkin and enter a drawing to take it home! We will also be making homemade apple butter October 18th- 30th, so if anyone would like to buy a jar, they can stop by the front desk during that time!

We love our families and friends! We are still having visitors in resident apartments with masks, or they can enjoy a visit outside or go for a nice walk in this gorgeous weather! Either way, any day spent here with them is a beautiful day at Twin Oaks Heritage Pointe!

Covid updates and information are being sent via email. If you are not receiving them, please send a request to officetohp@gmail.com to sign up.



October 2021

Resident Birthdays

Judy Cooney	5
JoAnn Cady	11
Dotty Kane	12
Betty Wischmeyer	14
John Ruether	15
Earnest Smothers	15
Pat Schneider	18
Vic Markovic	24
Charlotte Anderson	27
Mary Belet	27

Staff Birthdays

Peggy Grieshaber	4
Anna Bogart	15
Linda Heinze	23
Korey Lam	23
Robyn Wolf	24

Welcome New Residents

Nancy Gannon	Apt. 272
Ray & Sonya Murray	Apt. 353
Jack & Dotty Kane	Apt. 354

Happy Anniversary

Merle & Shirley Cochran	10 65 years
Jack & Dotty Kane	10 62 years
Gene & Anita Peetz	17 62 years
Pat & Judy Cooney	26 64 years





EXECUTIVE DIRECTOR

Justin Blattel 636-542-5406

CHIEF EXECUTIVE OFFICER

Timothy Blattel 636-542-5202

DIRECTOR OF RESIDENT SERVICES

Michelle Palmer 636-542-5504

ADMISSIONS COORDINATOR

Kathy Swanegan 636-542-5422

DIRECTOR OF MAINTENANCE

Dave Westrich 636-542-5085

DIRECTOR OF HOUSEKEEPING

Angie Alonzo 636-542-5403

DIRECTOR OF DIETARY

John Ruggeri 636-542-5412

DIRECTOR OF ACTIVITIES

Ashley Kreitner 636-542-5403

Be sure to check InTouch and keep up with everything happening at Twin Oaks!

Diabetes Can Be Dangerous

AW Health Care Can Help!



AW HEALTH CARE
healthy mind. healthy body.

If you have diabetes, you know controlling blood sugar can be a challenge. Although there is no cure for diabetes, it can be managed. Balancing the food you eat with exercise and medicine (if prescribed) will help you control your weight and can keep your blood glucose in the healthy range. It's also important that you learn as much as you can about Diabetes so you can take control of your health.

Ask Yourself:

Do I have questions about managing my Diabetes? Have I had trouble remembering to take my medicines? Have I missed doctor appointments? Do I need help shopping for diabetic-friendly foods? Do I need help with meal prep? Call AW Health Care for help with personal in-home care at: (314) 330-7992.

Resident Fall Festival!

